



Dear Adult Student,

Our goal at ATA Martial Arts is to develop our students both physically and mentally. Please take the time to fill out this form so that we may monitor your progress.

ADULTS

- | | |
|--|--------------|
| 1. I have been practicing the lesson of the month ... | ___YES ___NO |
| 2. I have been attending a minimum of two classes weekly ... | ___YES ___NO |
| 3. I have sponsored a new training partner. .. | ___YES ___NO |
| 4. I have shown improvement in: | |
| A. Home Duties ... | ___YES ___NO |
| B. Physical Fitness ... | ___YES ___NO |
| C. Mental and Physical Skills ... | ___YES ___NO |
| 5. I am current on my tuition payments ... | ___YES ___NO |

CURRENT BELT RANK: _____

DATE ACHIEVING BLACK BELT: _____

Name: _____ Signature: _____

FREE SAFETY CLASSES

- ☐ Check here if you would like to have us teach a FREE Child or Adult Safety Seminar at your place of work, your children's school or any other institution of our choice.

Your Name: _____

Phone #: _____

